PARK PRESS
Our School Values are – RESPECT, RESPONSIBILITY & COMMITMENT

Find us at: 120 Church Street Albion Park 2527 Email: Albionpk-h@det.nsw.edu.au Tel No: 4257 1744

Term 2 Week 4
11 May, 2015

Coming events

Week 4
Monday 11 May   Selected   Shine
Tuesday 12 May   Yr10, Y12  Careers Expo
Wednesday 13 May Yr 11     Science Exc. UOW
Friday 15 May    Yr 12     Senior Science Excursion

Week 5
Monday 18 May   Selected   Shine
               Yr 10     Maths Half Yearly
Tuesday 19 May   Selected   Regional Drama Festival
Wednesday 20 May Selected   Regional Drama Festival
               ABC External Test
Friday 22 May    Support   School Athletics Carnival
               Work Experience

CHANGE OF DATES
P &C MEETINGS HAVE BEEN CHANGED TO THE FOURTH MONDAY OF EVERY MONTH

P & C MEETING
Monday 25 May, 2015 at 6pm

Attendance Counts,
Don’t Complain,
Don’t Whine,
Always come to school on time!

Change of Dates: Please note that the Zone Cross Country scheduled for 8 May has been postponed until Monday 18 May, 2015. Also the Merit Assembly scheduled for Friday 19 June has been moved to Monday 15 June, 2015.

Principal’s Message
It was with great pride that I attended the fundraising event for White Ribbon in viewing the film ‘Pitch Perfect Two’ last week. To see our students involved in such a worthwhile cause and see our staff turn out in droves to support White Ribbon was humbling. We established last year that one of our key school directions for the next three years is to concentrate on improving student excellence and sense of global citizenship, and one of the fundamental parts of this is to improve student leadership and communication. What a wonderful opportunity this provided our students to truly be global citizens, be leaders and be the best that they can be. I would like to thank both Kelly and Daryll Poole who drove this event to make it such a success.

Albion Park High School is a White Ribbon School. This means that we are determined to make a difference to the frightening statistics around violence towards women in our local community. The first step starts with education; knowing the facts and understanding that it is unacceptable. The second is to make a personal decision to make a stand and make a difference; to never be a perpetrator and to never be a silent onlooker.

White Ribbon Statistics
NSW Police spent 625,000 hours investigating domestic violence in 2012, accounting for 9% of Police call outs. There were 231 reported incidents of domestic violence in the Shellharbour Local Government Area in 2014. That was from 178 women in our area.
There were 38 sexual assaults and 68 indecent assaults in the Shellharbour Local Government Area in 2014, that is a 13.5% increase.

Across Australia over 40% of women report being a victim of violence from a male at some point in their life from the age of 15. Almost 6% of women in Australia report being a victim of violence in the last 12 months. That rate double to 12% for women aged from 18-24.

Of Australia’s homeless population, 58% are women. 36% of those women are fleeing domestic violence. They are homeless despite the fact that over 70% of these women are in paid employment.

Information from BOSCARs website and White Ribbon Foundation website.

**Project Based Learning** is a new focus for Albion Park High. We have always valued hands-on learning in the school and are now mapping and actively searching for opportunities for students to learn in such an active way. We are seeing the most exciting and cutting-edge learning at the moment - and I am extremely proud of the staff and students and what they are achieving together. Events such as the ANZAC assembly, the White Ribbon event and our ever improving Play Group are just the beginning of what we are achieving!

Last week under the guidance of Mr Todd, our sports leadership committee and the SRC, decided to begin fundraising for Nepal. Thanks to the generosity of the local principals who were visiting Albion Park High we kick-started the fundraising with a massive $480 on the first day! Due to the generosity of our students and staff we are currently up to almost $800 and would love to reach $1,000. Any further donations from parents will be very much appreciated.

This week our Years 7 and 9 students will sit the NAPLAN exams. Whilst it is important that the students do their personal best, it is not a time to worry and stress. NAPLAN is a diagnostic tool which is used to help staff personalise teaching to suit the students' needs.

**Suzy Clapham**

**Principal**

**Parent Teacher Night**

The Parent Teacher Night for Years 7, 11, 12 and Support will be held on Wednesday 3 June, 2015. Families will receive either an email or letter that contains their unique booking code and an outline of the process.

- From Friday 15th May (week 4) to Tuesday 26 May (week 6) the website will be open for parents to nominate which teachers they would like to see.
- Wednesday 27 and Thursday 28 May (week 6) scheduling will occur based on staff availability and parent requests.
- From noon Friday 29 May to 3pm Tuesday 2 June parents can go online and make available changes and print their schedule. Any changes after that will need to be made by calling the school on the Wednesday. As always, if you are having any difficulty please call the school for assistance.

- Please note that Ms Wray-Davis (current teacher) will be speaking to parents of students in Mr Wayne McBride’s classes.
- Ms Glover (current teacher) will be speaking to parents of students in Mrs Shaw’s classes.
- Mrs Fisher is our relieving Careers Adviser and will be available to talk to parents on the evening.

Teachers will have prepared feedback for parents based on the bookings they receive. To assist you to prepare for these interviews you might like to consider the following:

Before the interview:
- Review your child’s school work.
- Talk to your child about school and how they think they are doing, how the teacher can help them meet their goals. Some questions you may ask – What is your teacher going to say about your work? What will the teacher say about you? What do you think you do really well? What do you need help with? What will the teacher say about you? What do you need to focus on? Do you want me to ask the teacher any specific questions?
- Prepare a list of specific questions to ask the teacher. The following suggestions may be useful - How well does my child listen to and/or follow instructions? Do you have any concerns about my child’s skills level? How well does my child stay on task? How well does my child organise notes, work, stories, etc.? How well does my child complete assignments? Does my child read with comprehension? How well does my child read and understand words? Does my child actively participate in your class? Does my child hand in assignments on time, complete and at an acceptable level? What work areas does my child like best? What areas are more difficult for my child? What are my child’s learning strengths? Are there things we can do at home to help my child? Do you have suggestions for me to discuss with my child? Does my child seem to enjoy coming to your class?
For the interview:
- Be punctual.
- Ask for suggestions on how you can help improve your child’s skills.
- Interviews are confidential. Share personal information that might be affecting your child’s progress or behaviour at school e.g. family illness. This information can help the teacher understand your child better.
- Clarify anything that you don’t understand.

After the interview:
- Discuss the interview with your child.
- Celebrate his/her strengths.
- Discuss areas where improvement is needed.
- Make positive comments about the interview process.
- Negotiate a plan with your child that encourages them to take responsibility for their own learning.
- Help to create a study time, review homework and encourage reading.
- Follow up with your child’s teacher.
- Read school paperwork brought home. Stay informed.
- Be active at the school. Go to parent meetings, help on activities, support school events.

Your active involvement and interest in their school sends your child positive messages.

As always, the school values feedback from parents and the community. Please let us know how the process goes and don’t hesitate to contact the school for further information.

Mrs Cole
Head Teacher Administration

Mathematics celebrates PI day

π is a very special number. Many Mathematicians over the past 3000 years have tried to find its exact value. We usually use 3.14 or 22/7, but π really has an infinite number of decimal places. It is essential for the perimeter and area of a circle.

On 14/3/15 (or 3/14/15 in the USA) it was a once in a 100 year Pi day. This is because we were able to celebrate Pi to 9 decimal places: 3.141592653 (14 March, 2015 @ 9:26:53), a really special time for mathematicians.

To celebrate we had a competition to see who could remember the most decimal places. Once again, Kristen Paniagua of Year 12 blitzed it, remembering π to an impressive 165 decimal places.

This places her 246th in the PI world rankings A special mention must be made of Daniel Munro of Year 8, who memorised 111 places in just one week! (http://www.pi-world-ranking-list.com/index.php?page=lists&category=pi)

DID YOU KNOW… The world record for reciting PI is held by Chao LU, from China. This record was set on 20 November 2005 and it took him 24 hours and 4 minutes to complete. He recited PI to 67890 decimal places, attempting the record after practising for 4 years. (Yes, that is sixty seven THOUSAND, eight hundred and ninety decimal places!)

Mathematics Competition
This internationally recognised competition is on again in July. It is one of the world’s largest school-based mathematics competitions with more than 14 million entries since 1978. Here is a sample of some Junior (Year 7 and 8) questions.

As part of our Gifted and Talented program, students will be invited to participate. As a boost for Year 7, the
top twenty one students in the first common test will be invited to enter for free.

Congratulations to the following students (in order of merit) - Emily Sherwood, Paris Butler, Erin Pasfield, Bailey Oldfield, Kaylee Thorn-Clarke, Claire Williams, Latai Kinikini, Lorena Ramirez, William Wheatley, Kathryn Lynn, Summa Burk, Ashley Van Vliet Williams, Skye Yeaman, Benjamin Hansen-Arthur, Jack Mangoulias, Kaitlyn Whitchurch, Taneisha Griffiths, Isabelle Harding, Kayla Littlemore, Clayten McGlynn, Jacinta Tanti.

**Top 20 Year 8 Students**

These students, in order of merit, did well in the first Common test in Year 8. All over 85%, congratulations! Daniel Munro, Daniel Mayo, Brogan Hall, Amber Hidasi, Harry Nicholson, Bryce Van Den Burg, Stephanie-Chase Horton, Kora Naughton, Jessica Shephard, Samuel Tripi, Blake McKenzie, Chloe Flynn, Josie Barkeit, Andrew Carter, Bailey Jenkins, Jarrod Beggs, Joshua Sweeney, Jaedon Scott, Brad Hoswell, Daniella Walker.


**How did you go?**

**HOST FAMILIES NEEDED**

We are delighted that students from our sister school in Japan will once again visit us next term. These visits are of great interest, enjoyment and benefit to our students and families and we are asking families to provide a homestay for them. They will arrive on Wednesday 29 July and depart on Thursday 6 August, 2015. If you are interested, then please contact Miss Hutchins or Ms Poole in the History/LOTE Staffroom as soon as possible.

**‘Wrap with Love’ Program**

There are millions of people in the world suffering extreme cold. In 1992 ‘Wrap with Love’ began with the idea to help as many people as possible by providing warm wraps to ward off hypothermia. Wraps are now sent all around the world as well as being distributed in Australia.

Albion Park High School students will be creating wraps this winter. If you have 8 ply wool or size 8 knitting needles you can donate, please drop your donations off at the front office.

**FIT I A.M**

**Did you hear about FIT I A.M Fitness and Breakfast Club??**

Get involved! The aim of FIT I A.M at Albion Park High School is to build a healthy, active community in which students have the opportunity to have fun in a supportive environment. FIT I A.M provides students with the opportunity to begin their school day participating in a range of physical activities as well as enjoying a nutritious breakfast. Through FIT I A.M we aim to allow students to feel a sense of belonging whilst strengthening links to our school’s PDHPE curriculum.

**DETAILS:**

This great Sports Committee initiative is run every Tuesday and Friday mornings at 7:30am in the school gym. It starts Week 3, Term 2 and runs through until Week 10, Term 3. Students engage in ½ an hour of physical activity and then are provided with breakfast all before the bell goes for roll call. Students receive a membership card which works on a loyalty system, where a stamp is given for participation and rewards are given for every 6 sessions attended.

So grab some friends and come along to FIT I A.M!!

- Do you have a child aged 1 - 5 years old?
- Do you need to get out of the house and meet new friends?
- Do you wish your child had someone to play with or a range of different and stimulating activities to take part in?

Albion Park High School’s Year 9 Child Studies students are running a PLAYGROUP starting Term 2 on the 27th of May to supplement their learning in this subject. The Playgroup will continue to be run every Wednesday for the remainder of the year and will be held between the times of 10.35am-11:35am. A small cost of $2 per family will cover morning tea and go towards any materials needed. The students in Child Studies have identified that ‘play’ is vital for a child’s social, emotional and physical health, and therefore Albion Park High School has been committed to providing this opportunity to both the students and members in its surrounding community for the past 20 years.

For an information pack and to REGISTER your interest, call Albion Park High School A.S.A.P. on (02) 4257 1744 or email albionpk-h.school@det.nsw.edu.au