Coming events

**Week 7**

<table>
<thead>
<tr>
<th>Monday 9/6/14</th>
<th>Public Holiday</th>
<th>Queen’s Birthday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 10/6/14</td>
<td>Yr 10, Yr 7,8,9</td>
<td>Geography Fieldwork Exc.</td>
</tr>
<tr>
<td>Wednesday 11/6/14</td>
<td>Yr 7,11,12 Selected, Yr 11,12 Selected</td>
<td>Parent/Teacher Night, Dharawal Language program</td>
</tr>
<tr>
<td>Friday 13/6/14</td>
<td>Selected Yr 12, Selected Yr 12</td>
<td>Defence Force Presentation, HSC Study Day Uni of Sydney, Whitecard WHS Const. Course, CHS Boys Volleyball KO</td>
</tr>
</tbody>
</table>

**Week 8**

<table>
<thead>
<tr>
<th>Monday 16/6/14</th>
<th>Yr 12</th>
<th>P &amp; C Meeting – 6pm, HSC Business Studies Day at UOW</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 17/6/14</td>
<td>Support Yr 7,8,9, Yr 11 Support</td>
<td>Team Building Day, Dharawal Language program, Kiama Exc. – Yr 11 CAFS, Exc Sydney Aquarium</td>
</tr>
<tr>
<td>Wednesday 18/6/14</td>
<td>All Years</td>
<td>Merit Assemblies, CAPA Gala Event (Postponed)</td>
</tr>
<tr>
<td>Thursday 19/6/14</td>
<td>Selected</td>
<td>Wuruniri – Matthew Doyle</td>
</tr>
<tr>
<td>Friday 20/6/14</td>
<td>Yr 12, Yr 9, Yr 11 Selected</td>
<td>Zone Athletics, Hamlet Excursion - Sydney Aust. War Memorial Exc. Canberra, Young Women’s Leadership Day – Blackbutt Youth Centre</td>
</tr>
</tbody>
</table>

**Principal’s Message**

This week I have decided to spend some time telling our community about the wonderful things that many of our students have been involved in lately. It has been an outstanding term of high quality student achievement and activity of which I am very proud.

Firstly, the students who oversaw and ran the Reconciliation and Sorry Day assembly on Tuesday 27 May, were outstanding. This assembly may have been organised by staff but it was totally owned by students, including:

- Acknowledgement of Country by Dru Marsden.
- School Captains Jess Hull and Josh Leet.
- Speakers on Sorry Day - Brittany Luland, Tye West.
- Speakers from Year 8 English - Sophie Elbourn, Jessica Lynn, Macayla Hilton, Julie Vorsa, Rideika Wright.
- Vocal ensemble singers who sang “Brave” – Sophie Elbourn, Isabelle Ferreira, Jessica Lynn, Daniel Munro, Kayla Smylie, Rochelle Stolk and Dimity Quinlan.
- Audio/vision who oversaw the technical aspects – Damien Meikle and Jack Twist.
- Cooking BBQ - Kaleb Aitken, Jaiden Edwards, Jake Tomlinson and Cameron Wortmeyer.

**Missing school = Missing out**

**Students of the Week**

Zac Barry (Yr 11) was asked to referee a primary school soccer game and this is the feedback we received from Brianna Smith, Relieving Assistant Principal, Albion Park Rail Public School: “Zac refereed for both our boys’ soccer game last week and our girls’ game today. On both occasions, he was prompt and extremely polite. He brought with him two other students who did a great job as linesmen. I just wanted to acknowledge them and let you know they did a wonderful job representing themselves and your school. Both teams including parents commented on their manners and professionalism.”
• Sorry Day Walk at Shellharbour - Shannon Clulow-Bell, Brock Harrison, Dallas Harrison, Dru Marsden, Mitchell Mauro, Jesse Murray, Unica Roberts, Tye West and Rideika Wright.

Next the Albion Park High Playgroup, overseen by students in Year 9, has had their largest ever number of children with 23! This is a wonderful initiative which is exciting and great for our community. It is very fulfilling to see our students interact with maturity and care, the tiny ones.

Down at the Ag shed and farm there has been a hive of activity also, students who are actively helping out our wonderful farm assistant Peter Bowditch to look after the chickens and sort out the eggs to sell.

The Environmental group is a keen group of activists who are helping ensure we have the best future possible. Students form Year 7-10 are currently doing a water audit of Albion Park High School. Next newsletter will contain a full report of their amazing achievement along with more details about the school farm.

Beverage Emporium run by Year 11 Hospitality students has been exceptional. These students prepare, take orders online and in person, serve customers, use a cash register and impress staff and students alike. Well done, the soy cappuccino's are fabulous!

Dance Festival is next week and our students are very excited and have been practising non-stop for the big event. Well done to Ms Woods who is only in her first year of teaching and has already made enormous positive impacts on the well-being of our students. Dance is blossoming at Albion Park High and we hope to get it up as an elective for 2015.

Debaters last week travelled to Figtree High to debate “Only a citizen soldier should be asked to protect their country”. Well done to Rideika Wright, Tye West, Amelia Phelps, Emily Clifford and Abbey Pabis who helped prepare. They were very polished and looked the part as they debated so well, it was extremely close debate with a loss by only two points out of 300.

Finally, congratulations to all the students involved in the Drama Festival which has its own article below.

Suzi Clapham
Principal

South Coast Drama Festival
In support of the South Coast Drama Festival, this year the Work in Progress Day(s) were held in our Performing Arts Theatre on Wednesday 28 and Friday 30 May. The days provide the opportunity for Regional Drama classes to come together to perform their theatre pieces in front of their peers to encourage, learn and support each other in a relaxed atmosphere.

Across the two days we had nine visiting schools, totalling 203 very keen and talented young people, eager to perform their pieces. Some students performed scenes from texts studied in class. Others performed group devised works where they research a topic, form an opinion and then present different viewpoints of the topic in theatrical ways.

Eleven pre-service Drama teachers who are in their final year of study at Wollongong University, kindly adjudicate and look for the ‘potential’ in the pieces they see. They provide feedback for improvement on those who will advance to the next round, The South Coast Drama Festival, at the Illawarra Performing Arts Centre, Wollongong, on the 22 July, 2014.

The CAPA Committee students worked behind the scenes in the Events management. They organised a food stall to raise funds for the Festival (thank you to all those parents who assisted/or baked). They rearranged furniture in rooms, decorated tables, made signs, ushered our visitors to their seats, our canteen and rest rooms. They took turns at ‘working the doors’, to prevent interruptions to the performances. Jack Twist, Damien Meikle, Matthew Stevens, and Nicholas Davies conversed with the visiting Drama teachers (and coped with their demands!) to plot the lighting and required sound needs and as usual, did a phenomenal job at creating the atmospheres for the performances.

For the first time, all Albion Park High School’s Drama students, from across Years 9-11 performed. This is a credit to them all. They were committed to work collectively and rehearsed tirelessly, often out of class time. Their enthusiasm was infectious!! They were an absolute joy to watch.
A big thank you must go to Shona Smylie in the Canteen, who was flexible and understanding and fed our visitors on a moment's notice!

Lastly, to the students involved across the two days, to the whole 71 of you, I am very proud of you. You proved to be incredible hosts with immaculate manners. You showed initiative and made the days run smoothly. You are a joy to work with and I sincerely thank you.

Suzi Roth

Max Potential Scholarships
Success! Two of our Year 11 students, Natasha Molloy and Grace Sullivan, have been successful in gaining Max Potential Scholarships this year. This is a program that allows students to develop their personal leadership skills by working one on one with a coach (prominent business figure in the community) to develop their own community project. Natasha and Grace will work with their coach over the next 26 weeks and not only learn things about themselves along the way, but also work closely with the wider community and give back their time in this way. We wish Natasha and Grace every success in their studies.

SRC News
Welcome to the beginning of Week 7! The SRC have been busy over the last week with the launch of our new “Milkshake Monday” campaign. A very special congratulations goes to SRC members, Alicia Wheatley and Sophie Smith, who have worked tirelessly to get this fantastic initiative off the ground. “Milkshake Monday” will occur every fortnight.

Milkshakes will be made and sold by SRC students in the canteen during lunch and all money raised will be used to fund new SRC projects in the future.

Last Wednesday, Year 11 SRC members, Brittany Luland, Ashley Hunt, Julian Lorenson and Taylor Garner, visited NSW Parliament House, where they had the opportunity to spend the day with our Local Member, Gareth Ward. The Premier of NSW, Mike Baird also took time out of his busy schedule to meet with SRC members from the region. Students learnt a lot about leadership and responsibility during this very valuable experience.

Year 11 students; Julian Lorenson, Taylor Garner, Ashley Hunt and Brittany Luland having lunch with NSW Premier Mike Baird, Member for Kiama Gareth Ward and school leaders from around the region.

Nathan Linsley,
SRC Senior Journalist

HSIE News
June will be a busy month in the HSIE faculty as various classes will be involved in excursions. Year 12 Modern History and Ancient History students will be attending a HSC study day at Sydney University. This day will be a valuable opportunity for our senior history students as they will have the opportunity to hear from well-known historians and authors, as well as HSC markers.

Year 10 Geography students have been issued with information and a permission note for a fieldwork excursion to Port Kembla on Tuesday 10 June. All students should return their notes and money to the front office. Fieldwork is a compulsory component of the Year 10 syllabus, so those students who are unable to attend will complete their Research Action Plan at school, on the day of the excursion, using written resources.

Students in Year 9 have been issued with a permission note to attend an excursion to the Australian War Memorial in Canberra on Friday 20 June 2014. This excursion is to support their study of Australia’s involvement in both WWI and WWII. It has been touching to see that many students want to take this opportunity to find out more about what their own grandparents, great-grandparents or great-great-grandparents went through during the war years.

Year 8 students are urged to collect their “Contact and Colonisation” dioramas from the HSIE staffroom, as we won’t be able to continue storing them for much longer.

Letitia Summers
Head Teacher

Healthy Schools
Competition Won by Year 9 Students
Recently the school was notified that a group of Year 9 students had been successful with their application in the Healthy Schools Competition run by the Centre for Health Initiatives at the University of Wollongong.
Schools were asked to enter the competition, with two schools being selected each year to receive a prize of $2000 and access to a mentor to assist with the implementation of their initiative.

The brief given to the Year 9 students was to identify a health issue within the school and then outline how to solve the identified problem using a social marketing intervention. This included setting goals for the project, as well as outlining resources that will be needed for the social marketing campaign.

The health issue that the students identified relates to poor nutritional decision-making by some students at Albion Park High School, especially for one of the most important meals of the day – breakfast. Students often leave home not having had a nutritious breakfast. There are a lot of different reasons why we think this occurs. Some of these reasons include parents leaving early for work, students sleeping in and not having time before having to catch a bus and lack of awareness about a nutritious diet.

The application was completed by Amelia Phelps, Lauren Hughes, Declan Hull and Breanna Payne. These students are some of our high achievers in Year 9 who have readily accepted the challenge of developing and implementing a social initiative within the school.

With the $2000 prize and access to a mentor from the UOW, the students will now be working towards implementing their Brekkie Wise initiative.

Albion Park High School Athletics Carnival 2014
The Albion Park High School Athletics Carnival was held on a glorious day at Croom Road Sporting Complex on Friday 23 May. Attendance was high as was the participation from the students in each of the various age groups. The Year 12 group came dressed up as their favourite cartoon characters, which certainly added another fun element to the day. They were raising money for their formal by selling drinks and running a ‘Wet Sponge Booth’, which ended up being very successful.

We had lots of great performances on the day, but special mention goes to the following students who were age champions in their respective age groups. The students will be acknowledged at our school assembly in Week 7:

<table>
<thead>
<tr>
<th>Year</th>
<th>Girls</th>
<th>Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 Years</td>
<td>Karissa High</td>
<td>James Lavis</td>
</tr>
<tr>
<td>13 years</td>
<td>Abbey Brown</td>
<td>Jack Walsh</td>
</tr>
<tr>
<td>14 years</td>
<td>Courtney Brown</td>
<td>Nicholas Horton</td>
</tr>
<tr>
<td>15 years</td>
<td>Breanna Payne</td>
<td>Brock Harrison</td>
</tr>
<tr>
<td>16 years</td>
<td>Rideika Wright</td>
<td>Brent Hazelton</td>
</tr>
<tr>
<td>17+ years</td>
<td>Alysia Gardner</td>
<td>Zac Barry</td>
</tr>
</tbody>
</table>

We also had several records broken on the day, with some of them long standing records held for over 15 years. They were:
- Karlie Gentles- 6:00min for the 12 years girls 1500m
- Karissa High- 21.22m in the 12 years girls discus
- Taliah Moxham- 5:39min in the 13 years girls 1500m
- Connar Grozde- 45.4m in the 15 years boys javelin
- Brock Harrison- 11.64sec in the 15 years boys 100m (broken in the heats!!)
- Brock Harrison- 4:43.28min in the 15 years boys 1500m
- Jessica Hull- 4:46.4min in the 17+ years girls 1500m

Well done to all these students, plus any students who finished in the top 2 in their age group in an event (top 4 in the 100m) who are now automatically selected for the school team to complete at the Zone Athletics Carnival on Friday 20 June at Croom Road Sporting Complex.

Students will receive information this week, including events which weren’t run at our carnival and nominations can be received. There will also be training for the top 4 100m runners in each age group who will compete in the relay at the Zone carnival. Stay tuned.

Adam Blake
Head Teacher

Girls CHS Softball Knockout Tournament
On Tuesday the 20 May, Albion Park High School went head-to-head against Bowral High School in the Girls CHS Softball Knockout. The game was played on home ground and the team from Bowral looked strong when warming up.
It was a close game in the first 3 innings with Bowral only slightly ahead. The fourth innings was the game decider where Albion Park High School was able to score 9 runs with 0 out at changeover. With a brilliant catch from Keelie Boehm, Albion Park High School sealed the victory in 5 innings.

The team was made up of the following year 9 girls: Rideika Wright, Courtney Warburton, Janice Roberts, Keelie Boehm, Sinead Austwick, Katie Zimmermann, Lauren Hughes, Shaylee Kember, Paigh Baird, Amber Marden, Brooke Moule.

The whole team would like to thank Mrs Gonzalez and Keiran Fisher for umpiring the game and providing advice on technique and game play. Well done Girls!

**University of Wollongong Longitudinal Survey - REMINDER**

A reminder that the Alcohol and Media online survey will again be conducted in Term 2. Students with Parental Consent (which was provided in 2013) will again be invited to participate – there is NO NEED to provide consent forms again this year as this was done in 2013 for the duration of the study.

This is the second year of a three year study and incentive prizes for students and the school are available. There is no need to do anything at this stage, this is just a friendly reminder to parents AND students that if you provided consent to take part in 2013 (even if you did not do the survey because you were away at the time) – you will be able to take part in 2014.

**Albion Park High School - PLAYGROUP**

- Do you have a child aged 1 - 5 years old?
- Do you need to get out of the house and meet new friends?
- Do you wish your child had someone to play with or a range of different and stimulating activities to take part in?

Albion Park High School’s Year 9 Child Studies students are running a **PLAYGROUP** starting Term 2 on the 28th of May to supplement their learning in this subject. The Playgroup will continue to be run every Wednesday for the remainder of the year and will be held between the times of 10.35am-11:35am. A small cost of $2 per child will cover morning tea and go towards any materials needed. The students in Child studies have identified that ‘play’ is vital for a child’s social, emotional and physical health, and therefore Albion Park High School has been committed to providing this opportunity to both the students and members in its surrounding community for the past 20 years.

For an information pack and to REGISTER your interest, call Albion Park High School A.S.A.P. on (02) 4257 1744 or email lauren.drummond@det.nsw.edu.au

So grab some friends and come along to **FIT I A.M!!**
The Prevocational Programs Unit at TAFE NSW Wollongong Campus

Will be conducting an Employment and Training Course for people who want to develop skills for employment or further study. The course will commence in July 2014.

The course is suitable for women and single parents and covers employment and further study skills. The course is the Certificate III in Employment and Training, course number 10699 and includes units in English, Computing Skills, Science, First Aid, Employment Skills and Maths for Work.

Please contact Antonia on 4229 0036 for further information or attend one of the following information sessions: Wednesday 18 June 2014, 4pm to 5.30pm on Wednesday 25 June, 2014, 4pm and 5. 30 at Wollongong Campus, Building L, Room L.2.17

Apprenticeships & Traineeships Information Sessions

Improve your chances of getting an Apprenticeship
Find out:
What employers want?
Where do I find the jobs?
Strategies and Resources

Hear from and talk to:

Employers
Group Training Companies
Australian Apprenticeship Centres

Current Apprentices
TAFE NSW Illawarra Institute
NSW Dept of Education & Communities

When and Where

Tuesday 17th June 2014 6:00pm – 7.30 pm
The Builders Club

Wednesday 18th June 2014 6:00pm – 7.30 pm
The Shellharbour Club

Bookings
Workplace Learning Illawarra
Phone: (02) 4235 2536
email: hotel@wllbr.org.au

Presented by The Apprenticeship Partners:

Learner Log Book Run

Need some log book hours? An opportunity for you and your supervisor to experience a range of driving conditions including Police RBT, Speed Check and Driver Reviver fatigue stops. A FREE Learner Log Book Run will be held on Sunday, 15 June 2014 between 10.00am and 12.30pm. The Log Book Run will start and finish at the Lake Illawarra PCYC concluding with a PRIZE GIVEAWAY.

Bookings are essential please call Jenny Davies on 4221 6124.
Cannabis & Today’s Young Person
FREE PARENT WORKSHOP

This parent workshop will enable you to address issues concerning cannabis relating to your son or daughter by equipping you with NEW:

*KNOWLEDGE
*AWARENESS & UNDERSTANDING
*PRACTICAL STRATEGIES

It will EMPOWER you to establish a positive healthy relationship with your teenager by creating:

*BOUNDARIES
*OPEN DISCUSSION
*TRUST

Venue: Wollongong Central Library Theatrette
41Burelli Street, Wollongong
Date: Wednesday 25 June
Time: 6:30 PM to 8:30 PM

Light refreshments will be served!

GUEST SPEAKER:
Ngaio Chandler,
Drug & Alcohol Youth Worker
St George Youth Services
READY PROGRAM

Booking essential!
RSVP by Monday 23rd June
Phone on 0401 718 469
or book online

A welcoming and friendly school working with and for our local community