Term 2 Week 1

Coming events

**Week 1**

<table>
<thead>
<tr>
<th>Day</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday 28/4/14</td>
<td>Staff Development Day</td>
</tr>
<tr>
<td>Tuesday 29/4/14</td>
<td>Students resume school Term 2</td>
</tr>
<tr>
<td>Wednesday 30/4/14</td>
<td>Selected Excursion-The Biennale of Sydney</td>
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<tr>
<td>Thursday 1/5/14</td>
<td>Comp Sport Trials</td>
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**Week 2**

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<tr>
<th>Day</th>
<th>Event</th>
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<tr>
<td>Monday 5/5/14</td>
<td>Selected Interview day stage 5</td>
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<tr>
<td>Tuesday 6/5/14</td>
<td>Yr 7 Selected Dharawal Language Program</td>
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<tr>
<td>Wednesday 7/5/14</td>
<td>Zone Cross Country</td>
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<tr>
<td>Friday 9/5/14</td>
<td>School Athletics Carnival</td>
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<td></td>
<td>Yr 8 Selected Koori Men’s Shed</td>
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**Principal’s Message**

Welcome back to Term 2 2014, I hope that Easter was a time of love, of joy and of giving for all of our families in Albion Park.

At the end of last Term we all enjoyed a wonderful Cross-Country thanks to the magnificent organisation of Lisa Dejager and Kerina Smallhorn, together with the other members of the PD/H/PE faculty. We opened with the National Anthem and enjoyed perfect weather for a 2k run. Students were able to dance on the hill and also partake of an ‘Icke’ from the ice-man and a cold drink at the end of the race. The spirit was great and the student behaviour exemplary.

Well done to all the staff who participated together with the students in the course, Mr Costa for ensuring the grounds were perfect, Mrs Keen and her “DJ” for the music and Mr Hughes and Mr Davies for photography.

Congratulations to Mrs Shona Smylie who after a merit selection process is the new canteen manager for Albion Park High. We look forward to a healthy canteen and input from students into the menus, as well as Hospitality students doing part of their work placements on-site. Shona is a great addition to our school!

Congratulations to Zarina Ross- Kelloway in Year 10 who has been nominated for the NIDA Acting Boot Camp Scholarship. Drama at our school keeps going from strength to strength; I look forward to hearing about the experiences Zarina gained from this great opportunity!

Well done to Ms Erin McKinniry and Ms Casie Horton with the SRC students who oversaw the Youth Week initiative at school. The local Council donated $500 to support a wonderful program which included a “Randon Act of Kindness” and...
concluded with a BBQ. “The Random Act of Kindness” initiative involved students nominating someone they respected and writing something nice about them. Five students had their ‘nomination’ read out on assembly and received a double pass to the movies for their kind words. This is certainly the culture and the atmosphere we want at Albion Park High - one which values respect and friendship!

Year 9 and 10 students had a fantastic time at the Royal Easter Show despite the drizzle. A member of another school actually asked Mrs Joynson whether Albion Park High was a private school because our uniform was so impeccable!

I look forward to another fabulous Term of learning at Albion Park High School.

Suzi Clapham
Principal

Immunisations – Visit 2
Tuesday 27 May 2014
The second immunisation clinic for 2014 will be held on Tuesday 27 May, 2014. This will involve all Year 7 students, a few Year 8 students and Year 9 Boys.

Year 7 students will be receiving HPV (Human Papillomavirus vaccine) Dose 2 and Varicella(chicken Pox). Also, catch-up HPV vaccinations will be offered to Year 8 students who commenced, but did not complete the course in 2013 or visit 1 in 2014. Year 9 Boys will be receiving HPV (Human Papillomavirus vaccine) Dose 2.

Parents/Carers: Please make sure your child has a nutritional breakfast on this day as well as a drink bottle with water in their school bags.

Consent forms: It is not too late to send the immunisation cards in to start the process. Consent forms cover all vaccinations for 2014. Spare consent forms are at the office or with Mrs Osadczuk in the Maths Staffroom.

Parents/carers who wish to withdraw their consent for any reason may do so by writing to the School Principal. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation.

SHINE Luncheon
On Monday 31 March, fourteen girls from Years 7, 8 and 9 graduated from the SHINE program with a luncheon at Murphy’s Bar and Grill, Unanderra.

The girls dressed up (hair and make-up included) and tried out their etiquette and social skills at the restaurant.

Well done to all girls who attended SHINE during the term. The program for these girls has been a huge success.

Here are some comments the girls have made about the SHINE program.

“SHINE is awesome, the people are friendly”

“You get to meet other people and share our stories”

Languages
All Year 7 classes are settling into the task of learning a second language and have made a great start to 2014. There are also elective classes of Japanese in Year 9 and Year 10 as well as a Year 12 Beginners Course in Japanese. All language teachers are looking forward to seeing students skills develop throughout the year.

2014 Japan Visit
In the upcoming September school holidays, eleven students along with four teachers will fly to the land of the rising sun to immerse themselves in the Japanese language and culture. The two week tour will take students to visit our sister school, Omiya Kita High School, as well as Tokyo, Kyoto, Hiroshima and Osaka.

The group is madly fundraising to help support this event. This term has seen monies raised in a hot cross bun drive and a “decorate your own ice cream” day. There will be more fundraising events happening in Term 2 and your support is greatly appreciated.

Exchange Visit
We have had confirmation of dates and numbers for our exchange visit this year. Ten students and four teachers from Omiya Kita High School in Saitama will be visiting Albion Park High School from 14 July until
1 August. We are looking for families who are willing to host a student for this one week period. If you are able to, please give your name to Miss Hutchins in the HSIE/LOTE Staffroom.

**Japanese Culture**

Year 7 students who are studying Japanese this year will be exposed to many typical Japanese cultural practices. In particular, they will study a major festival every month. Classes have already learned about Setsubun which takes place on 3 or 4 February, one day before the start of spring according to the Japanese lunar calendar. For many centuries, the people of Japan have been performing rituals with the purpose of chasing away evil spirits at the start of spring. In modern days, common practice is to scatter roasted soya beans around one’s house and at temples and shrines across the country. When throwing the beans, you are supposed to shout “Oni wa soto! Fuku wa uchi!” which means “Devils out! Happiness in!” In honour of this ceremony students made their own ‘oni’ masks in class and learned about other rituals.

**Mame - (roasted soybeans)**

![Oni “demon” costumes at Setsubun Festival held at Taga](image)

**Grand Final Win in Local Tennis Competition**

Congratulations to Jye Windsor and Cameron Hiscocks (Year 12) on a fantastic, well deserved win in the local Division 2, Shellharbour District Junior Tennis Competition. The boys represented Albion Park Tennis Club and have now played together in the past three competitions, reaching the finals or better in each competition. The boys were Minor Premiers by a large margin losing only one match throughout the competition. The boys became involved in competition, after being spotted as potential competition players by local coach, Michelle Edwards, from Tennis Coaching (Recreational Sport.) They were asked if they would like to play competition and they agreed.

I had the privilege of watching the Grand Final match won convincingly by the boys, 4 sets to 1 and 27 games to 19 games. I am proud to say, parents from the runner up side praised the boys for their outstanding sportsmanship throughout the match and that more than anything else, capped off a great result. If you see the boys please congratulate them not just for their win, but also for the spirit in which they played the game. Well done boys!

**Late News –** Congratulations also goes to Jye on receiving a special trophy for the achievement of winning the most number of sets as an individual in this competition.

**Ken Morgan**

**South Coast Sport**

More great news in sport at Albion Park High School with three more students recently gaining selection in South Coast sporting teams.

Robert Guevara (Yr 12) has gained selection in the Regional Rugby Union team who will contest the NSW CHS Rugby Championships in Newcastle on May 21-23. This is an outstanding achievement for Robbie and he will now go head to head (quite literally!) in the front row against some of the best young rugby players in the state at this carnival, which will no doubt have many talent scouts scouring the grounds. Congratulations Robbie!

Brady Anderson (Year 11) and Reagan Pabis (Year 11) have also both gained selection for their respective South Coast Hockey teams after trials held last week in Nowra. Brady will now represent the region at the NSW CHS Championships in late May in Unanderra, whilst Reagan’s Championships will be held a week earlier in Bathurst. Well done to both of you, too!

We have already had students gaining selection in SEVEN South Coast sporting teams so far this year, which equals our efforts of 2013!!

And we haven’t even got to athletics season yet............

**Comp Sport Trials**

Due to the wet weather we had in the last weeks of Term 1, our Competition Sport trials have been postponed until Week 1, Term 2. We are the only school in the zone who run compulsory trials for all students and we are the only school in the zone who
always fill all of our Competition teams in our Thursday Sport Zone Competition.

We look forward to some sunny days ahead so that we can select the best teams possible for this year’s Zone competition.

Year 12 Volunteer Mentor Program
Early next term, Year 12 will hear about an innovative program that the school has developed that will hopefully be a win-win-win situation for all involved.

In brief, Year 12 students who have study periods available on their timetable, will be able to volunteer their time to assist teachers in the classroom.

The opportunities that this presents for our junior students, classroom teachers and also for our Year 12 students are highly significant, and those Year 12's who are interested will be addressed early next term on how the whole process will operate. Stay tuned.............

Michael Todd

Hand, Foot and Mouth Disease

Hand, Foot and Mouth Disease is on the rise, attached to the newsletter is the NSW Departments of Health factsheet regarding this illness.


Dance Classes from only $5
Troupe Classes, Private Lessons, Stretch Classes, Technique Classes and Classes just for fun!!!

SATURDAY CLASSES
NOW AVAILABLE

Classes held on Tuesdays, Thursdays & Saturdays.

Location: Albion Park High School

Register & pay for term 2 and receive a bonus package FREE! Worth over $150
Leotard
Tights
Technique Book
Club T-Shirt
End of Year Trophy
*conditions apply. Payment must be Made by 1 May, 2014

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“Empowering Girls for Life”
A welcoming and friendly school working with and for our local community
"Our School Values are – RESPECT, RESPONSIBILITY & COMMITMENT"